

What's on your refrigerator?.....

## How about the FILE of LIFE!

The **File of Life** is a free program designed to help your Marysville Fire Department's Paramedics obtain your necessary medical history and emergency contacts information during an emergency....**It could help save your life!!!!!!**

Our **Senior Citizens** can utilize this program especially when there is a possibility that you or a family member are not able to communicate effectively due to a medical reason or personal injury.

The **File of life** information card has areas to record your personal information concerning medical conditions, drug allergies, emergency contact numbers for friends and family members, doctor's information, prescription information, and any other special circumstance rescue personal should know about.

Rescue workers responding to your home will look for the **File of Life** card on your refrigerator door. Your **File of life** information will help guide on scene treatment and notification of your doctor, or family members. Immediate access to this information greatly helps rescue personal provide the best quality of care.

The benefits don't stop there!!!!!!

Benefits to police officers

- Faster help for citizens in emergencies

Benefits to paramedics

- Instantly know medical history of the patient
- Corrective treatment can begin at once

Benefits to hospital personnel and your health care provider

- On arrival data is immediately available to medical staff.
- No wasted time in getting information from a confused patient.

- Assist you in keeping all of your information up to date.
- List of all your current medications and allergies.

#### Benefits to each individual

- Peace of mind knowing all pertinent medical information is listed on one form.
- Easy access to potential life saving information.
- Assurance that proper persons will be notified quickly.
- Control over your medication information.

Marysville Division of Fire in conjunction with Union County Senior Services is offering a free "File of Life" pocket size holder and form at no cost to you!!!

You can pick one up at the following locations:

1. Marysville Division of Fire 209 South Main Street (642-2065)
2. Union County Senior Services -1800 State Route 4 (642-9629) ext. 3
3. Windsor Senior Center - 376 Rosehill Drive - (644- 8464)
4. Union County Service Center (Jobs and Family Services)- 940 London Avenue - (644 - 1010)

If you are unable to obtain a file at any of the above locations, Please call the Marysville Division of Fire at 642-2065 and our fire fighters will bring one to your home.

Those residing outside the City of Marysville, Paris TWP, or Dover TWP can call the Union County Sheriff's Department at 937-645-4100 or Union County Senior Services at 937-642-8464.